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OC Health Officer's Orders & Recommendations



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NEW AMENDED ORDERS AND STRONG RECOMMENDATIONS OF THE COUNTY OF ORANGE HEALTH OFFICER

REVISED June 11, 2020

In light of new guidance for variance counties issued by the California Department of Public Health (CDPH) authorizing specified sectors of the economy, with county health officer approval, to re-open as of June 12, 2020, these **NEW AMENDED ORDERS AND STRONG RECOMMENDATIONS** revise the prior AMENDED ORDERS AND STRONG RECOMMENDATIONS, issued by the Orange County Health Officer on May 28, 2020. The May 28, 2020 Amended Orders and Strong Recommendations are no longer in effect as of the effective date and time of these NEW AMENDED ORDERS AND STRONG RECOMMENDED ORDERS AND STRONG RECOMMENDED ORDERS.

Pursuant to California Health and Safety Code sections 101040, 120175, and 120130, the County of Orange Health Officer ORDERS AND STRONGLY RECOMMENDS as follows:

ORDERS

Effective 12:01 a.m. on Friday, June 12, 2020, and continuing until further notice, the following shall be in effect in unincorporated and incorporated territories of Orange County, California:

 Self-isolation of Persons with COVID-19. All county residents who have been diagnosed with or are likely to have COVID-19, as defined below, shall immediately isolate themselves in their home or another residence under the following criteria, as applicable:

a) Individuals with COVID-19 symptoms shall isolate themselves until: (i) at least 3 days (72 hours) after they have recovered, meaning their fever has resolved without use of fever-reducing medications and their respiratory symptoms (e.g., cough, shortness of breath) have improved; AND
(ii) at least 10 days has elapsed from when their symptoms first appeared.

b) Individuals who have a positive COVID-19 Diagnostic (PCR) laboratory test result and are without COVID-19 symptoms shall isolate themselves for 10 days from the date when the specimen for the positive COVID-19 PCR laboratory test result was obtained.

Unless one of the criteria, above, applies, i.e. 1.a) or 1.b), the individual may not leave his or her place of isolation except to receive necessary medical care.

A person is considered diagnosed with or likely to have COVID-19, if the person has:

a) Received a positive COVID-19 PCR laboratory test result; and/or

b) Been informed by a physician that he or she is likely to have COVID-19 and/or;

c) Signs and symptoms that are consistent with COVID-19 (i.e., new onset of fever, cough, and shortness of breath or trouble breathing).

If a more specific isolation order is issued by the County of Orange Health Officer for any county resident, that order shall be followed instead of this order.

This self-isolation order DOES NOT in any way restrict access by first responders to an isolation site during an emergency.

2. <u>Self-Quarantine of Persons Exposed to COVID-19</u>. All county residents who know that they have been in close contact, as defined below, with a person diagnosed with or likely to have COVID-19 shall take the following actions:

a) Quarantine themselves in their home or another residence until 14 days from the last date that they were in close contact with a person that has been diagnosed with or likely to have COVID-19.

Exposed persons shall self-quarantine themselves for the entire 14-day COVID-19 incubation period, the typical time between exposure and when symptoms and signs of the disease may develop. They may not leave their place of quarantine except to receive necessary medical care or to obtain such other goods or services necessary for their basic subsistence.

Close contact refers to any person who has been within 6 feet of an infectious COVID-19 person for 15 minutes or more. A person who is diagnosed with or likely to have COVID-19 is considered infectious from 48 hours before his or her symptoms first appeared until the person is no longer required to be isolated.

If a more specific quarantine order is issued by the County of Orange Health Officer for any county resident, that order shall be followed instead of this order.

This self-quarantine order DOES NOT in any way restrict access by first responders to a quarantine site during an emergency.

This self-quarantine SHALL NOT APPLY to health care professionals and law enforcement personnel.

3. Checklist and Attestation Posting Requirements for Businesses, Industries, and Entities Allowed to

<u>Reopen in Orange County</u>. All businesses, industries, and entities listed on the State's <u>https://covid19.ca.gov/industry-guidance/ (https://covid19.ca.gov/industry-guidance/)</u> and at <u>https://covid19.ca.gov/roadmap-counties/ (https://covid19.ca.gov/roadmap-counties/)</u> that reopen in Orange County as part of the various Stages of the State's Resilience Roadmap shall post their corresponding industry-specific checklist at a location visible to the public at the public entrance of each property.

In addition to the foregoing industry-specific checklist, all businesses, industries, and entities shall post a document at a location visible to the public at the public entrance of each property that specifically includes an attestation by the business, industry, or entity owner and/or operator that it has:

a) Performed a detailed risk assessment and implemented a site-specific protection plan;

b) Trained employees on how to limit the spread of COVID-19, including how to screen themselves for symptoms and stay home if they have them;

- c) Implemented individual control measures and screenings;
- d) Implemented disinfecting protocols; and
- e) Implemented physical distancing guidelines.

Pursuant to CDPH guidance for variance counties, certain sectors of the economy may re-open as of June 12, 2020, but only with approval of the County Health Officer following a review of local epidemiological data. See https://covid19.ca.gov/roadmap-counties/ (https://covid19.ca.gov/roadmap

STRONG RECOMMENDATIONS

Effective 12:01 a.m. on Friday, June 12, 2020, and continuing until further notice, the following shall be in effect in unincorporated and incorporated territories in Orange County, California:

 Wear a Cloth Face-Covering. To help prevent the spread of droplets containing COVID-19, all Orange County residents and visitors should wear a cloth face-covering outside their home when they are not able to maintain at least 6 feet of physical distance from another person who is not a family/household member or does not reside in the same living unit.

A cloth face-covering is a device or accessory that covers the nose and mouth. It can be secured to the head with ties or straps or simply wrapped around the lower face. Cloth face-coverings can be made from a variety of materials, such as cotton, silk, or linen, and can be factory-made, sewn by hand, or improvised from household items such as scarfs, T-shirts, sweatshirts, or towels.

Because of countervailing medical risks, this cloth face-covering recommendation SHALL NOT APPLY to the following persons:

a) Children under the age of 2;

b) Anyone who has trouble breathing, or who is unconscious, incapacitated or otherwise unable to remove the cloth face-covering without assistance; or

c) Persons with a medical or mental health condition or development disability that prevents wearing a cloth face-covering.

- 2. <u>Maintain Six Feet of Physical Distancing.</u> All Orange County residents and visitors should maintain at least 6 feet of physical distance from another person who is not a family/household member or live in the same living unit, when (i) in a public place; (ii) visiting a retail, commercial or other place of business; or (iii) at work.
- 3. For Vulnerable Population. All Orange County residents who are 65 years old or older; have serious underlying medical conditions (for example, chronic lung disease, moderate to severe asthma, serious heart conditions, severe obesity, diabetes, chronic kidney disease undergoing dialysis, liver disease); or have a compromised immune system should remain at home consistent with guidance provided by the California Department of Public Health (CDPH) available at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/PublicHealthGuidanceSelfIsolationforOlderAdultsandThoseWhoHaveElevatedRisk.aspx).
- 4. <u>Other Recommendations.</u> All Orange County residents should avoid contact with people who are sick; not gather in groups; stay out of crowded places; avoid mass gatherings; wash hands frequently; wash face coverings frequently; cover coughs and sneezes; and clean and disinfect frequently touched

surfaces daily, including tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.

GENERAL PROVISIONS

- 1. These New Amended Orders and Strong Recommendations shall not supersede any conflicting or more restrictive orders issued by the State of California or federal government. If any portion of these New Amended Orders and Strong Recommendations or the application thereof to any person or circumstance is held to be invalid, the remainder of the New Amended Orders and Strong Recommendations, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of these New Amended Orders and Strong Recommendations are severable.
- 2. The Orders contained in these New Amended Orders and Strong Recommendations may be enforced by the Orange County Sheriff or Chiefs of Police pursuant to California Health and Safety Code section 101029, and California Government Code sections 26602 and 41601. A violation of a health order is subject to fine, imprisonment, or both (California Health and Safety Code section 120295).

REASONS FOR THE ORDER AND STRONG RECOMMENDATIONS

- 1. On February 26, 2020, the County of Orange Health Officer declared a Local Health Emergency based on an imminent and proximate threat to public health from the introduction of a novel coronavirus disease (COVID-19) in Orange County.
- 2. On February 26, 2020, the Chairwoman of the Board of Supervisors, acting as the Chair of Emergency Management Council, proclaimed a Local Emergency in that the imminent and proximate threat to public health from the introduction of COVID-19 created conditions of extreme peril to the safety of persons and property within the territorial limits of Orange County.
- 3. On March 2, 2020, the Orange County Board of Supervisors adopted Resolutions No. 20-011 and No. 20-012 ratifying the Local Health Emergency and Local Emergency, referenced above.
- 4. On March 4, 2020, the Governor of the State of California declared a State of Emergency to exist in California as a result of the threat of COVID-19.
- 5. There is currently no vaccine to prevent COVID-19. According to the Centers for Disease Control and Prevention (CDC), the best way to prevent COVID-19 is to avoid being exposed to the novel corona virus. According to the CDC, the novel corona virus is thought to spread mainly from person-to-person due to the following: (1) between people who are in close contact with one another (within about 6 feet); (2) through respiratory droplets produced when an infected person coughs, sneezes or talks; (3) these droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs; (4) some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms. See https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

(https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html).

- 6. According to the CDC everyone should (1) wash their hands often with soap and water for at least 20 seconds (or use hand sanitizer that contains at least 60% alcohol when soap and water is not readily available) especially after having been in contact in a public place, or after blowing their nose, coughing, or sneezing; (2) avoid contact with people who are sick, stay at least 6 feet from other people, not gather in groups, stay out of crowded places, and avoid mass gatherings; (3) cover their mouth and nose with a cloth face cover when around others when they are out in public; (4) cover coughs and sneezes; and (5) clean and disinfect frequently touched surfaces daily, including tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks. See https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html).
- 7. The CDC recommends that everyone wear cloth face coverings when leaving their homes, regardless of whether they have fever or symptoms of COVID-19. This is because of evidence that people with COVID-19 can spread the disease, even when they don't have any symptoms. Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance. See https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-coverings-information.pdf).
- 8. The CDPH also issued a Face Coverings Guidance on April 1, 2020, available at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Face-Coverings-Guidance.aspx). The Guidance provides that a face covering is a material that covers the nose and mouth; it can be secured to the head with ties or straps or simply wrapped around the lower face; it can be made of a variety of materials, such as cotton, silk, or linen; and a face covering may be factory-made or sewn by hand, or can be improvised from household items such as scarfs, T-shirts, sweatshirts, or towels.
- 9. According to the CDC, COVID-19 is a new disease and there is limited information regarding risk factors for severe disease. Based on currently available information and clinical expertise, older adults (65 years older and older), people who live in a nursing home or long-term care facility, and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. See https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html (https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html). According to the CDC, this at higher risk population should stay home (if possible) and practice social distancing of at least 6 feet both in and outside the home. See https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-What-You-Can-Do-High-Risk.pdf (https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-What-You-Can-Do-High-Risk.pdf (https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-What-You-Can-Do-High-Risk.pdf). See also https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-What-You-Can-Do-High-Risk.pdf (https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-What-You-Can-Do-High-Risk.pdf). See also https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-What-You-Can-Do-High-Risk.pdf (https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-What-You-Can-Do-High-Risk.pdf). See also https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19/PublicHealthGuidanceSelfsloaltionforOlderAdultsandThoseWhoHaveElevatedR

(https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/PublicHealthGuidanceSelfIsolationforOlderAdultsandThoseWhoHaveElevatedRisk.aspx).

- 10. The orders and the strong recommendations contained herein are based on the fact that there is currently no vaccine to protect against COVID-19, and no proven therapeutic treatment for it; scientific evidence regarding the most effective approaches to slow the transmission of communicable diseases generally and COVID-19 specifically, as well as best practices as currently known and available to protect the older adults (65 years older and older), people who live in a nursing home or long-term care facility, and people of any age who have serious underlying medical conditions from avoidable risk of serious illness or death resulting from exposure to COVID-19.
- 11. As of June 10, 2020, there are 7,737 reported COVID-19 cases and 198 COVID-19 related deaths in Orange County (see https://occovid19.ochealthinfo.com/coronavirus-in-oc (https://occovid19.ochealthinfo.com/coronavirus-in-oc); as of June 8, 2020, there are 133,489 reported COVID-19 cases and 4,697 COVID-19 related deaths in State of California (see https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx#COVID-19/20by%20the%20Numbers (https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx#COVID-19%20by%20the%20Numbers)): there remains a strong likelihood of a significant and increasing number

<u>19%20by%20the%20Numbers</u>)); there remains a strong likelihood of a significant and increasing number of cases of community transmission; some individuals who contract the novel coronavirus have no symptoms or have only mild symptoms, and so are unaware that they carry virus and are transmitting it to others; evidence shows that the novel coronavirus can survive for hours or even days on surfaces and can be indirectly transmitted between individuals.

- 12. The age, condition, and health of a significant portion of Orange County population place them at risk for serious health complications, including hospitalization and death, from COVID-19. Younger and otherwise healthy people are also at risk for serious negative health outcomes and for transmitting the novel coronavirus to others.
- 13. The orders and strong recommendations contained herein are necessary preventive measures to control and reduce the spread of COVID-19 in Orange County, help preserve critical and limited healthcare capacity in Orange County, and thereby save the lives of Orange County residents.
- 14. The California Health and Safety Code section 120175 requires the County of Orange Health Officer knowing or having reason to believe that any case of a communicable disease exists or has recently existed within the County to take measures as may be necessary to prevent the spread of the disease or occurrence of additional cases.
- 15. The California Health and Safety Code section 101040 authorizes the County of Orange Health Officer to take any preventive measure that may be necessary to protect and preserve the public health from any public health hazard during any "state of war emergency," "state of emergency," or "local emergency," as

defined by Section 8558 of the Government Code, within his or her jurisdiction. "Preventive measure" means abatement, correction, removal or any other protective step that may be taken against any public health hazard that is caused by a disaster and affects the public health.

16. The California Health and Safety Code section 120130 (d) authorizes the County Health Officer to require strict or modified isolation, or quarantine, for any case of contagious, infectious, or communicable disease, when such action is necessary for the protection of the public health.

IT IS SO ORDERED:

Date: June 11, 2020

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Clayton Chau, MD, PhD Acting County Health Officer County of Orange

County Health Officer's June 11, 2020 New Amended Order and Strong Recommendations -AND-Orange County, California Stage 2 Re-Opening

Frequently Asked Questions

On Friday, June 12, 2020, Dr. Clayton Chau, Acting County Health Officer, approved the re-opening of certain additional industries in Orange County, California, following his review of local epidemiological data including cases per 100,000 population, rate of test positivity, and local preparedness to support a health care surge, vulnerable populations, and contact tracing and testing.

In addition, on June 11, 2020, the Acting County Health Officer also issued a New Amended Health Officer Orders and Strong Recommendations (**New Health Order**) that apply to all of OC (both incorporated and unincorporated areas) and revise and supersede the May 28, 2020 Amended Health Officer's Orders and Strong Recommendations (**Previous Health Order**). The New Health Order strongly recommends that most residents wear a cloth face covering outside their homes when unable to physically distance themselves by six feet.

We hope the following Frequently Asked Questions (FAQ) helps provide clarification related to these events:

Permitted Business Re-Opening:

Q: What businesses or activities are permitted to re-open/resume as of June 12, 2020?

A: Essential businesses as listed here: https://covid19.ca.gov/essential-workforce/ (https://covid19.ca.gov/essential-workforce/). In addition, those sectors, businesses and establishments that are listed here: https://covid19.ca.gov/industry-guidance/ (https://covid19.ca.gov/industry-guidance/) and here: https://covid19.ca.gov/roadmap-counties/ (https://covid19.ca.gov/roadmap-counties/) are permitted to re-open in Orange County after owners and operators review the State's requirements as described on these websites and post at the facility entrance in plain view of the public two things: (1) their corresponding State checklist; and (2) the separate attestations specified in the New Health Order. For a full list of sectors and businesses that may re-open, please refer to the following two websites: https://covid19.ca.gov/industry-guidance/ (https://covid19.ca.gov/industry-guidance/) and https://covid19.ca.gov/roadmap-counties/ (https://covid19.ca.gov/roadmap-counties/). The list below provides a few examples of some of the sectors listed on these websites:

- Movie theaters and family entertainment centers
- Restaurants, wineries and bars
- Zoos and museums
- Gyms and fitness centers
- Hotels (for tourism and individual travel)
- Card rooms and racetracks
- Campgrounds and outdoor recreation
- Public and HOA swimming pools
- Retail
- Restaurant takeout, delivery, and dine-in
- Office-based businesses; telework remains strongly encouraged
- Outdoor museums
- Childcare
- Shopping malls, strip malls
- Logistics and manufacturing
- Hair salons
- Church services, funerals, cultural services, and protests

Q: Where can I find the State's guidance and checklist for my business?

A: The State's guidance documents and checklists are organized by industry type on their website at <u>https://covid19.ca.gov/industry-guidance/ (https://covid19.ca.gov/industry-guidance/)</u> and on <u>https://covid19.ca.gov/roadmap-counties/ (https://covid19.ca.gov/roadmap-counties/)</u>.

For public and HOA swimming pool industry-specific checklist posting requirements, please visit <u>https://www.ochealthinfo.com/eh/water/pool (https://www.ochealthinfo.com/eh/water/pool)</u>.

Q: What shall every business posting checklist include?

A: All business and sectors that re-open must complete their corresponding State checklist, as applicable, published on https://covid19.ca.gov/industry-guidance/) and on https://covid19.ca.gov/industry-guidance/) and post it at the entrance of their facility, in plain view of the public. In addition, all businesses and sectors that re-open must also post a separate attestation by the business/sector owner or operator at their facility entrance, in plain view of the public that — prior to opening to the public — the business/sector has done all of the following:

- Performed a detailed risk assessment and implement a site-specific protection plan;
- Trained employees on how to limit the spread of COVID-19, including how to screen themselves for symptoms and stay home if they have them;
- Implemented individual control measures and screenings;
- Implemented disinfecting protocols; and
- Implemented physical distancing guidelines.

Q: Do I need to submit my re-opening plan or any other document to the OC Health Care Agency for approval?

A: No, businesses and sectors are not required to submit an individual re-opening plan or any other document to OC Health Care Agency for review or approval.

Q: Is there a template attestation?

A: Yes, here is the template (/sites/virus/files/2020-06/Building_Attestation_Sample.doc).

Q: What businesses are not permitted to re-open open as of June 12, 2020?

A: According to the State website, <u>https://covid19.ca.gov/roadmap-counties/</u> (<u>https://covid19.ca.gov/roadmap-counties/</u>), the following sectors, businesses, establishments, or activities are not permitted to operate in the State of California at this time:

- Personal services such as nail salons, tattoo parlors, body waxing
- Indoor playgrounds such as bounce centers, ball pits and laser tag
- Live theater
- Saunas and steam rooms
- Nightclubs
- Concert venues
- Festivals
- Theme parks
- Higher education

County of Orange – New Health Order

Q: What does the New Health Order change about the Previous Health Order?

A: There are two changes. First, pursuant to State guidance for variance counties, certain businesses and sectors may re-open on or after June 12, 2020, but only with approval of the County Health Officer. For these sectors, please do not submit to OC Health Care Agency any documents for review and approval. Instead, please refer to https://www.ochealthinfo.com/about/admin/pubs/press

(https://www.ochealthinfo.com/about/admin/pubs/press) for current information as to which sectors have been authorized by the County Health Officer to re-open.

Second, the County Health Officer's previous order requiring most residents to wear cloth face coverings outside their home when unable to physically distance themselves by at least six feet can now be safely modified to a strong SHOULD instead of a MUST. This is in line with our partners at the California Department of Public Health and is based on the County's measures against the State-mandated COVID-19 monitoring metrics:

Metrics Criteria

- 1. <u>A County is flagged for elevated disease transmission criteria if:</u>
 - a. Case rate (per 100,000) >100
 - OR
 - b. Case rate (per 100,000) >25 **AND** testing positivity >8.0%
- 2. <u>A County is flagged for increasing hospitalization criteria if:</u>
 - a. >10% increase in the average number of confirmed COVID-19 patients hospitalized
- 3. <u>A County is flagged for limited hospital capacity if:</u>
 - a. <20% of staffed ICU beds are available
 - OR
 - b. <25% of ventilators are available

Specifically, Orange County's metrics related Disease Transmission (testing positivity, 4.5%), Increasing Hospitalizations (5.2%), and Limited Hospital Capacity (availability of ICU beds, 40%, and ventilators, 67%) DO NOT trigger any of the State metrics indicating concern and need for engagement regarding increased control measures.

The OC Health Care Agency stands with Public Health experts and believes the practice of wearing cloth face coverings helps slow the spread of COVID-19 and saves lives.

In all other respects, the New Health Order continues the orders and strong recommendations of May 28, 2020 Amended Health Officer Orders and Strong Recommendations.

Q: What is a cloth face covering?

A: A cloth face-covering is a material that covers the nose and mouth; it can be secured to the head with ties or straps or simply wrapped around the lower face; it can be made of a variety of materials, such as cotton, silk, or linen; and a face covering may be factory-made or sewn by hand, or can be improvised from household items such as scarfs, T-shirts, sweatshirts, or towels.

Q: I'm a resident or visitor to Orange County. Where does the OC Health Care Agency strongly recommend that I wear a face covering?

A: Anywhere you come within 6 feet of others who do not live in your household. That includes:

- Waiting in line to go inside a store
- Shopping in a store
- Picking up food at a restaurant
- Waiting for or riding on public transportation
- Riding in a taxi or other ride service vehicle
- Seeking health care
- Going into facilities that are allowed to stay open
- While at work
- When at the beach or an outdoor museum

Q: Who should not wear a face covering?

A: Children under the age of 2; anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the cloth face covering without assistance; as well as individuals with a medical condition, mental health condition or developmental disability that prevents it.

Q: What if I still have questions or would like to report a violation of the Acting Health Officer's Order?

A: Please call the OC Health Care Agency's OC COVID-19 Hotline at (714) 834-2000. For questions about the enforcement of the Acting Health Officer's Order, please contact your local law enforcement.

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COVID-19 in California (https://covid19.ca.gov/)





Centers for Disease Control and Prevention (https://www.cdc.gov/coronavirus/2019nCoV/index.html) Medical Supply Providers (/medicalsupply-providers-we-need-your-help)